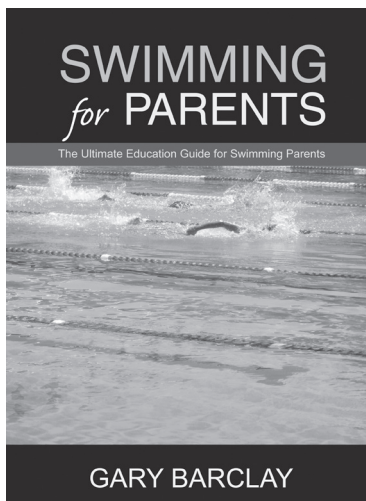


# SWIMMING *for* PARENTS

## The Ultimate Education Guide for Swimming Parents

By Gary Barclay

Learn everything you need to know as a swimming parent. Whether your child is just starting out in the sport or competing at a National level the content will provide you with all the answers you need to become the best swimming parent to help your child succeed.



*To my knowledge there has never been published a resource such as **Swimming for Parents** available to the parents of swimmers.*

*It fills a vacuum in information for parents which has needed addressing for many decades.*

Leigh Nugent

Swimming for Parents” is a resource that you will refer to over and over again as your child progresses through the swimming world. From the initial introduction to squad swimming and joining a swimming club, to managing nutrition and choosing the right coach, this book has everything to enable you to assist your child to excel in the sport of swimming and in life.

There is so much more to swimming than winning medals and doing PB’s. Discover the many wonderful ways that swimming will assist your child to develop physically and mentally, as well as the many life skills they will enjoy for ever.

*For more information please visit :*

[www.SwimmingForParents.com](http://www.SwimmingForParents.com)